**Title of Article:** Appraisal of the Health and Physical Development and Social Recreational Needs of West African Students in U.S.A.

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**Abstract:**

The publication discussed the health and physical development and social recreational needs of West African students in the United States of America. The analysis of the Moony Problem Checklist used in data collection revealed that a substantial percentage of these students have some concern which are also significant in these problem areas. The significance of effective counselling of these students to ensure their optimum growth and adjustment was highlighted.