Title of Article: Community Counselling: A proposal for Counselling in Nigeria.

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Abstract:

The paper focused on the notion of community in general, its nature and characteristic. The concept of community counselling as a new paradigm in the helping process was discussed and its advantages over individual counselling was stressed. The need for community counselling in an African setting was justified. The importance of the family as an essential community unit was discussed. The role and advantages of community counselling as a means of serving a wider population was discussed. A case for the inclusion of community counselling skills during counsellor preparation in the Nigerian universities was made.