Title of Article: Readings in Counselling Practicum.

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Abstract:

The publication focused on three areas: a) Essentials of Counselling Practicum, b) Individual (one-to-one) Counselling, and c) Evaluation of Counsellors’ behavior. The essentials of counselling practicum was conceived as a learning experience with growth potential where the student learns about his strengths and weaknesses in counselling skills. In individual counselling, the paper discussed the nature of counselling, the counsellor, the client, the physical setting, the relationship, the problem, and the interview. The evaluation of Counsellors’ behaviour focused on the Counsellor Behaviour Rating Scale (CBRS) developed in the Department of Guidance and Counselling at University of Ibadan.