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**Abstract:**

This chapter in book discussed the concept of Educational Psychology as thoughts and actions related to how to teach and learn, the principles and methods that can improve teaching and learning and the study of learners, learning and teaching. Some learning theories were discussed with their possible classroom applications. Reinforcement as a key element in learning was discussed. For effective classroom management some behaviour modification methods necessary to control various misbehavior of students were highlighted. Some problems of school children of concern to parents and teachers in Botswana were discussed and the relevance of Educational Psychology to learning in general was highlighted.