Title of Article: The influence of religion on contraception and fertility

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Abstract: This paper discusses the influence of religion on contraception and fertility. It argues that there are religious rules on issues of contraception and abortion, entry into sexual unions, number of spouses one is permitted to have, divorce and remarriage and entry into subsequent unions after divorce or widowhood, sexual relations outside unions and frequency of intercourse within marriage. Many African religions promote prolonged post-partum abstinence. All these have implications for the level of fertility in a population.