

**COVENANT UNIVERSITY  
NIGERIA**

*TUTORIAL KIT  
OMEGA SEMESTER*

**PROGRAMME: PSYCHOLOGY**

**COURSE: PSY 223**

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## **PSY 223:**

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1. Elucidate the concept of Adulthood
2. Discuss problems in Old age.
3. Describe with examples any 5 of the 7 dimensions of maturity in early adulthood as identified by Gordon Allport .
4. With Erikson's theory, elucidate personality and social development in middle adulthood.
5. Discuss the major task in middle adulthood as proposed by Robert Havighust
6. What is death?
7. Discuss the process of grieving and the psychological healing process according to Phyllis Silverman (1989).
8. Explain six (6) determinants of grief.
9. Discuss the stages of death as identified by Kubler-Ross
- 10. What are the indications that a person is dead?**