

**COVENANT UNIVERSITY
NIGERIA**

*TUTORIAL KIT
OMEGA SEMESTER*

PROGRAMME: PSYCHOLOGY

COURSE: PSY 323

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PSY323: PSYCHOLOGY OF SUBSTANCE ABUSE

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1. Describe Intoxication
**short lived syndrome due to recent substance ingestion*
2. Explain why certain individuals are more prone to substance use, abuse, and dependence than others
3. Describe Abuse
**maladaptive patterns of substance use that impair health in a broad sense*
4. Describe Cannabis in details
5. Describe Dependence
**physiological and psychological phenomena induced by repeated usage of a substance*
6. Describe Inhalants in details
7. Describe Tolerance
**drug produces decreased effect or increased doses are required to produce the same effect*
8. Highlight DSM-IV's criteria for diagnosing substance abuse and substance dependence
9. Describe Withdrawal Syndrome
**a group of symptoms and signs occurring when a drug is reduced or withdrawn*
10. Discuss the preventive principles for effective substance abuse prevention programs
11. Differentiate between soft drugs and hard drugs
**soft drugs - drugs that have low abuse potential*
**hard drugs - drugs that have high abuse potential*
12. Explain ways of treating substance abuse
13. Describe Depressants in details
**slow down activities of the body*
**lower attention span*
**induce sleep*
14. Give detailed explanation of substance abuse rehabilitation
15. Describe Stimulants in details
**increase reactivity of the body*
**promote mental alertness*
**increase wakefulness*
16. Explain the social factors responsible for substance abuse
17. Describe Psychedelics/Hallucinogens in details
**produce changes in perception, thought, and mood*
18. Describe the CNS and drug action
19. Describe Narcotics in details
**substances that bind at opiate sites or have morphine-like effects*
20. Describe the drug use continuum