COVENANT UNIVERSITY
NIGERIA

TUTORIAL KIT
OMEGA SEMESTER

PROGRAMME: PSYCHOLOGY

COURSE: PSY 323
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1. Describe Intoxication
*short lived syndrome due to recent substance ingestion
2. Explain why certain individuals are more prone to substance use, abuse, and dependence than others
3. Describe Abuse
*maladaptive patterns of substance use that impair health in a broad sense
4. Describe Cannabis in details
5. Describe Dependence
*physiological and psychological phenomena induced by repeated usage of a substance
6. Describe Inhalants in details
7. Describe Tolerance
*drug produces decreased effect or increased doses are required to produce the same effect
8. Highlight DSM-IV's criteria for diagnosing substance abuse and substance dependence
9. Describe Withdrawal Syndrome
*a group of symptoms and signs occurring when a drug is reduced or withdrawn
10. Discuss the preventive principles for effective substance abuse prevention programs
11. Differentiate between soft drugs and hard drugs
*soft drugs - drugs that have low abuse potential
*hard drugs - drugs that have high abuse potential
12. Explain ways of treating substance abuse
13. Describe Depressants in details
*slow down activities of the body
*lower attention span
*induce sleep
14. Give detailed explanation of substance abuse rehabilitation
15. Describe Stimulants in details
*increase reactivity of the body
*promote mental alertness
*increase wakefulness
16. Explain the social factors responsible for substance abuse
17. Describe Psychedelics/Hallucinogens in details
*produce changes in perception, thought, and mood
18. Describe the CNS and drug action
19. Describe Narcotics in details
*substances that bind at opiate sites or have morphine-like effects
20. Describe the drug use continuum