

**COVENANT UNIVERSITY  
NIGERIA**

*TUTORIAL KIT  
OMEGA SEMESTER*

**PROGRAMME: PSYCHOLOGY**

**COURSE: PSY 327**

## **DISCLAIMER**

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# PSY 327: PSYCHOLOGY OF GUIDANCE AND COUNSELLING

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1. What do you consider the merits and demerits of individual counselling?.
2. Discuss any five personal characteristics of an effective counsellor, as taught in the course, PSY327.
3. Explain what is meant by professional ethics in counselling practice.
4. Elaborate on the ethics of counselling practice in the counselling profession.
5. In not more than a page each, discuss the under listed contemporary issues as relevant to psychology of guidance and counselling a) Guidance and Counselling or Counselling Psychology? b)Telephone counselling.
6. Itemise five counselling and therapy approaches known to you and name all authors of the approaches . 6b. Write short notes on two of the approaches identified
7. Distinguish between Individual and group counselling, and individual and group guidance.
8. Define indigenous counselling, and elaborate on this genre of counselling.
9. Itemise five counselling and therapy approaches known to you.
  - b. Name all authors of the approaches itemised in question 8a
  - c. Write short notes on two of the approaches identified.
10. Distinguish between Individual and group counselling, and individual and group guidance.
11. Define Guidance.
12. Define Counselling
13. Explain the interdependence of counselling and guidance.
14. What are the features of Guidance and Counselling?
15. Explain the goals of Guidance and Counselling.
16. Briefly explain the areas of misconception in Guidance and Counselling.
17. Trace the historical development of Psychological Testing in regard to Guidance and Counselling.
18. What, in your impression, is the rationale behind studying the Course “Psychology of Guidance and Counselling’”?
19. What do you hope to contribute to society that you have learnt from this course?
20. Mention one advantage that you have gained studying this course.

