

**COVENANT UNIVERSITY
NIGERIA**

*TUTORIAL KIT
OMEGA SEMESTER*

PROGRAMME: PSYCHOLOGY

COURSE: PSY 421

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PSY421:

1. What is a successful marriage and why is a course in sex, marriage and family important?
2. Identify and explain the six key concepts in Comprehensive Sexuality Education
3. There are alternatives to traditional families- Discuss
4. Enumerate and discuss the factors that constitute stress in a relationship/marriage which, if not properly handled, could lead to break up or divorce
5. Briefly discuss five (5) Marriage Patterns
6. Enumerate three theories of mate selection and discuss any two
7. Every month a woman's body begins the process that can potentially lead to pregnancy- Discuss.
8. What is contraception? List and briefly introduce eight (8) types of contraceptives to a group of adolescents, including the pros and cons of each type.

Discuss the following concepts with appropriate examples:

9. Relationship
10. Families
11. Friendship
12. Dating and Love
13. Marriage Gradient and Squeeze
14. Marriage
15. Parenting
16. Commitment
17. Intimacy
18. Passion

MODEL ANSWER

1. There are some factors that influence how successful or unsuccessful a marriage would be. The students are expected to show good knowledge of the concept of marriage by giving an appropriate definition before going ahead to discuss factors such as love and intimacy, passion, good sex life, finance, in-laws, environment, sex of children, submissiveness, avoidance of manipulative relationships, fidelity, honesty and mutual respect which are all ingredients for a successful marriage. The students are expected to discuss the rationale behind CON 411 especially its relevance to issues of Sexuality, Relationships, Contraception, Couple Guidance, Marriage and Types of parenting amongst others.

3. There are several alternatives to traditional families. The students are expected to discuss at least six of these. They include: One-parent families, Cohabitation, Communes, Gay and Lesbian families, remaining single, blended families (from divorces), Binuclear families (from joint custody), Grandparent-headed families, Extended families.
5. There are several marriage patterns from which the students are expected to choose from, such as: Monogamy – marriage to one person at a time, Serial monogamy – succession of marriage and divorces involving one spouse at a time, Polygamy – marriage to more than one person at a time, Endogamy – marriage between people of the same category, Exogamy – marriage between people of different categories, Homogamy – marriage between persons with similar characteristics, and Heterogamy – marriage between persons with different characteristics.
7. Every month a woman's body begins the process that can potentially lead to pregnancy. An egg (ovum) matures, the mucus that is secreted by the cervix (a cylindrical-shaped organ at the lower end of the uterus) changes to be more inviting to sperm, and the lining of the uterus grows in preparation for receiving a fertilized egg. The students are expected to discuss issues pertaining to menstruation and ovulation. Terms that are related and expected in their response includes egg, ovum, fallopian tube, uterus, vaginal discharge e.t.c A good display of these register or terms and their correct usage will attract more marks.