TMC211 Total Man Concept III (1 Unit)

Department of Political Science and International Relations

Covenant University
1. TMC211
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Self Development Paradigms. The focus of this course is on the identification of building blocks of self-development in the context of personal visions, mission and personal capacity building. Major self-motivational blocks, the power and place of focus, the place of the human thought process and how to enhance thinking and reasoning for creativity.