

**PSY125 Interpersonal Processes and  
Communication**

**(2 units)**

**Department of PSYCHOLOGY**

**Covenant University**

# **1. PSY125**

## 1.1. PSY125 Interpersonal Processes and Communication

(2 units)

Human interaction is a basic tool for successful undertakings in life. Human beings require possession of a clear understanding of themselves and others around them. The course explores the self and the components, relationship of the self with others, communication with others, communication in different settings, relationships at individual and society / community levels, self-understanding, self-awareness, types of relationships, disclosures and verbal and non-verbal communication.